

New Parent/Pupil Sports Information Letter

Dear Parents & Pupils,

I trust you all had a lovely summer.

In this letter will be information about the PE and Games department. Below is a list of PE staff for whom you can contact regarding any questions or concerns you may have.

Barney Cowie - Director of Sport
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Jackie Jennings - PE & Games Teacher, GCSE PE Teacher
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Jeremy Westcott - PE & Games Teacher
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Hannah Luff - PE & Games Teacher
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PE & Games Lessons

From Year 2 to Year 8, each class will have one PE lesson a week and multiple Games lessons. GCSE PE pupils will have three lessons a week, which will include theory and practical lessons. All pupils in Years 9 to 11 will have three Games lessons.

Kit & Sports Afternoons

Pupils will continue to come into school in their PE or Games kit on the days they have PE or Games. The table below details when your children will have PE and Games lessons:

Year Group	PE Day (White Kit)	Games Days (Green Kit)	Fixture Afternoon
2	N/A	Friday	N/A
4	N/A	Friday	Thursday
5	Tuesday	Monday & Wednesday	Wednesday
6	6S - Thursday 6F - Friday	Monday & Wednesday	Wednesday
7	7A - Tuesday 7B - Thursday	Monday & Wednesday	Monday
8	8C - Tuesday 8L - Tuesday	Monday & Wednesday	Monday
9	GCSE PE Pupils only, please see timetable	Tuesday & Thursday	Tuesday & Thursday
10	GCSE PE Pupils only, please see timetable	Wednesday & Thursday	Wednesday & Thursday
11	GCSE PE Pupils only, please see timetable	Monday & Wednesday	Wednesday

It is very important that the pupils turn up in the correct kit, looking as smart as possible on the days mentioned above.

Labelling Kit & Lost Property

Please help the Sports Department by labelling **all** of your child's sports kit before the return to school. This will help us with lost property.

All **lost property** will be stored by the sports shed. The PE Staff will return any labelled item to the pupil. If not labelled, items will remain in lost property until the end of term, where after it will be given to second hand uniform for resale.

The table below shows where to label your child's kit, with initial and surname (e.g. F. Bloggs) or with sew-in labels. It also indicates the required kit for PE and Games.

Boys' Games Kit	
Item	Label Position
Green stripe top	Inner white collar
Black KHS shorts	Back of inner waistband
Green KHS football socks	Top of sock/on white bottom
Shin pads	Inside
Football boots (studs – metal or plastic)	Inside
Boys' PE Kit	
White PE polo top (Rec -Y8 and GCSE PE pupils only)	Inner white collar
White PE shorts (Rec -Y8 and GCSE PE pupils only)	Back of inner waistband
White socks (Rec -Y8 and GCSE PE pupils only)	
Trainers (any colour) – may be needed for Games also.	Inside
Additional Kit	
School tracksuit bottoms	Back of inner waistband
Green (Y1 - 4) / Black (Y5 -11) School fleece/top	Inner collar
School waterproof (if owned)	Inner collar

Girls' Games Kit	
Item	Label Position
White PE Polo	Inner white collar
Black KHS Skort or Black shorts (preference)	Back of inner waistband
Green football socks	Top of sock/on white bottom
Shin pads	Inside
Football boots (studs – metal or plastic)	Inside
Girls' PE Kit	
White PE polo (Rec -Y8 and GCSE PE pupils only)	Inner white collar
White PE shorts or Black KHS Skort (preference)	Back of inner waistband
White socks	Top of sock/on white bottom
Trainers (any colour) – may be needed for Games also.	Inside
Additional Kit	
School tracksuit bottoms	Back of inner waistband
Green (Y1 - 6) / Black (Y7 -11) School fleece/top	Inner collar
School waterproof (if owned)	Inner collar

All pupils should expect games lessons to be on grass and should bring their boots to every Lesson

Failure to have the correct kit for either lesson will result in a kit mark. If your child receives three kit marks in a half-term period, they will receive a PE detention in a Friday lunch-time. Pupils in Year 6 and below will be given more flexibility with missing kit. It is however imperative that they have their correct kit for fixtures, they will unfortunately not be able to play without the correct safety equipment (Boots, Shin pads, gum shield etc.).

Sports Practice

After-school sports practice allows pupils extra time to develop their skills. This is open to every child and there is no need to sign up; pupils can simply turn up and play.

The sports practice rota is as follows:

Year Groups	Sports Practice Day & Time	Collection Time from car park
1,3,4,5 & 6	Friday 1610-1655	1700

Pupils must be wearing sports kit for sports practice - if it is not normally their games or PE day they must still come into school wearing sports kit in preparation for after school practice. If it is necessary to cancel sports practice, all pupils will be sent to prep. They will be available for collection at 1700.

Team Sheets, Fixtures & SOCS

We continue to increase and improve our fixture provision for all sports played at Kingswood House. Sports teams will be picked on confidence levels within each sport. Selection is completely fluid throughout the terms and pupils can find themselves moving up and down the teams week by week.

The Sports Department uses a sports website which has all of our sporting information on. Including our fixture calendar, team sheets, results, and any sporting news that we post. The website is <https://sports.kingswoodhouse.org/>.

The link below is a walk through presentation on how to check the team sheets on the school website. It is extremely important that you become familiar with this system as it is our sole way of communicating team sheets with both parents and pupils. Pupils will also be able to access this information using the same password (khs2023).

https://docs.google.com/presentation/d/1jm2F8iTOD1ERiXmv54_tin6mkl1holjJfPd_5fLzRzU/edit?usp=share_link

Our intention is to include as many children as possible in fixtures should they want to, and we expect your child to play if selected to represent the school. If your son/daughter is selected for a fixture, they are expected to attend the fixture unless parental permission has been sent into the sports department at least 72 hours prior to the fixture.

Home fixtures will be at any of these venues, which will be confirmed on the team sheets on SOCS:

- Glyn School Sports Pavilion & Fields, KT17 3DS (Year 7-11)
- Parsons Mead Sports Ground, Ashted, KT21 2PE (Year 3-6)

If there are any fixtures cancelled, the sports department will send out a parentmail as soon as possible to let parents know of any changes. This will usually happen on the day of a fixture - but sometimes decisions can be made in advance.

Team Selection for Fixtures

Selection is a dynamic process. Observation and assessment of performance, attitude and organisation takes place in all lessons and in house fixtures. This informs what is a highly subjective process. We ask you to trust the professionalism of our highly qualified and experienced PE and Games staff to select your child for the most appropriate team in each activity. As a department, we are extremely conscious of ensuring the most positive experience possible for our pupils in the competitive fixtures they are selected for. The staff may feel it constructive to be progressive with their early selections to facilitate the development of individual confidence, performance levels and the integration into the year group as a whole.

Autumn Term Activity Options

Below is a table outlining the different activities on offer this term for each age group in their PE lessons and games afternoons. We pride ourselves on not only offering an extensive range of competitive fixtures in team sports, but also a range of individual and less competitive team sports. There should be something for everyone!

Football:

Football will be the main competitive sport for the term for all pupils, with lots of competitive fixtures between other local schools and entry into cup competitions for A teams. There are also a handful of Saturday morning commitments for the A teams so please make yourself aware of these dates when the school calendar is released.

Netball:

Netball will be played at school throughout the Autumn term, and is available to all pupils who are interested in playing. There will be the opportunity to play some fixtures in the term once we have gauged numbers interested in playing.

Strength & Conditioning @ Ascension Training Epsom:

This will take place at a local gym called Ascension Training (<https://ascension-training.co.uk/>).

Golf @ Patchesham Golf Centre (£200 cost added to end of term invoice):

All pupils will have access to 2 Golf Professionals at Patchesham Golf Centre. The golf professionals lead the sessions and work through different areas of the game. This is a great opportunity for those that are already interested/playing golf and have experience of the game.

World Sports - Handball, Netball, Basketball, Tchoukball, Lacrosse and more!

Pupils will take part in different sports each week improving their knowledge and experience of different world sports. Pupils can also suggest some new Sports to games staff throughout the term.

Year group	Monday	Tuesday	Wednesday	Thursday	Friday
5	Games Football Netball	5F PE Basketball Handball	Games Football Netball		
6	Games Football Netball		Games Football Netball	6S PE Basketball Handball	6F PE Basketball Handball
7	Games Football World Sports Netball	7A PE Basketball Handball	Games Football World Sports Netball	7B PE Basketball Handball	Team Building & Leadership
8	Games Football World Sports Netball	8C & 8L PE Basketball Handball	Games Football World Sports Netball		Team Building & Leadership
9			Games Football Netball World Sports	Games Football Netball World Sports Strength & Conditioning Golf	
10			Games Football Netball World ports	Games Football Netball World Sports Strength & Conditioning Golf	
11			Games Football Netball World Sports		

If you have any further questions regarding any of the above, please email me.

Kind regards,

Mr Barney Cowie

A handwritten signature in black ink, appearing to read 'Barney Cowie', with a stylized, cursive script.

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