

# KINGSWOOD WEEKLY NEWSLETTER



Spring Term  
03 March 2023

**KHS IS NOW CO-EDUCATIONAL - find out more [here](#)**

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Dear Parents

I attended a very informative and useful Heads' conference earlier in the week with the theme of "Sustainability"; clearly, this topic carries universal significance for us all but it was of particular interest to hear the latest initiatives in schools from a wide range of speakers, including Chris Packham CBE. He talked passionately about "Accepting Fear, Confronting Reality and Building Hope – The Future is Ours to Prepare and Theirs to Inherit."

This keynote speech really brought the conference theme together and gave everyone serious food for thought on the very important and real issues that are facing societies and our planet. Chris referred to "Restoration" rather than "Sustainability" as he made the point that we need to repair damage that has been done, and is still being done, across the globe. He advocated that we need 25% of our population to help make the necessary changes to ensure that future generations can live and thrive – not only humans, but nature and wildlife as well. Together we can all make a difference.

## The Kingswood House Way



Thank you to Form 6B who presented a lovely assembly on Wednesday, showcasing "World Compliment Day"; it was a fitting subject in keeping with our Kingswood House Way value of integrity. The children demonstrated very skilfully how bestowing a positive comment to someone else is a simple, effective way to help build mutual confidence and trust.

On Thursday morning, the school resembled a hybrid, fictional world as wizards, witches and various other characters materialised in costume for World Book Day. It was a colourful celebration of this important literary festival, reminding us all of the magic in picking up a good book.

Next week sees two excellent speakers offer their words of wisdom to the KHS community. Firstly, Will Bayley, a Paralympian will inspire the pupils with workshops throughout Monday, closely followed by Alicia Drummond, who will offer hugely valuable advice to parents about getting the best out of your children. We are fortunate indeed to have individuals of such knowledge and repute sharing their ideas with us.

Finally, I am delighted to tell you that we have been contacted by the *Good Schools' Guide* who will visit us before the end of term with a view to including us in the next edition. Needless to say, this would be a great accolade for the school and I am looking forward to showcasing the difference we make to our boys and girls on a daily basis.

In the meantime, I wish you a restful weekend.

Yours sincerely

Duncan Murphy

Headmaster & CEO

“The single most important thing is for people to realise that they can make a difference.”

Chris Packham



Kingswood House



@kingswoodhouse  
@KHSprep



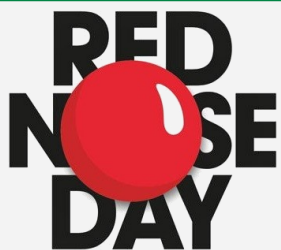
@Kingswood\_house

Please find below the calendar dates for next week and any current notices:

| 2023 MARCH WEEK 1 |    |  |  |
|-------------------|----|--|--|
| Monday            | 06 | 0730<br>From 1400<br><br>From 1630<br>1830<br>1900           | SLT Meeting<br><br>Will Bayley MBE —visiting speaker; British professional Paralympic table tennis player (2016 gold medallist) ranked world number 1<br><br>Teaching Group 8S Parents' Evening online via SchoolCloud<br><br>Governors' Meeting<br><br>Parent Online Webinar ' <i>Connection, Communication &amp; Talking the Tough Stuff with Young People</i> ' - Alicia Drummond |
| Tuesday           | 07 | 0935-1055<br><br>1430<br>1630                                | Year 9 Emotional Intelligence (course 3)<br><br>U14A Rugby 7s vs Belmont (H)<br><br>Staff Meeting  |
| Wednesday         | 08 | 0845<br><br>0930<br><br>1430<br>1430<br>1430<br>1430<br>1430 | Form 10P Assembly<br><br>Lower Prep Forest School<br><br>U11A Rugby Festival at Surbiton Prep (A)<br><br>U11 Girls' Football Tournament at Belmont (A)<br><br>Colts A-C Hockey vs Chinthurst (A)<br><br>U13A Hockey vs Box Hill (A)<br><br>U12A Hockey vs Box Hill (H)   |
| Thursday          | 09 |  |  |
| Friday            | 10 | 1000<br><br>1330-1700  | Year 1 Trip to the Toy Museum<br><br>U14A Rugby 7s Tournaments at Ibstock Place (A)  |

**LUNCH MENU for week beginning 06.03.2023**

| Monday                    |                       | Tuesday  |   | Wednesday   |                    | Thursday   |                      | Friday                      |                         |
|---------------------------|-----------------------|--|---|---|--------------------|--|----------------------|-----------------------------|-------------------------|
| Macaroni Cheese with Peas | Fresh Fruit; Yoghurts | Chicken & Leek Pie; Cheese, Leek & Potato Pie (V) with Baked Beans | Fresh Fruit; Chocolate Marble Cake with Custard | Roast Chicken & Pigs in Blankets; Cauliflower-Cheese (V) with Roast Potatoes & Broccoli | Fresh Fruit; Jelly | Meatballs; Quorn Meatballs (V) with Tomato Sauce & Penne Pasta | Fresh Fruit; Cookies | Homemade Fish Pie with Peas | Fresh Fruit; Apple Tart |



The student council has decided on an **NHS theme** for **Red Rose Day**.

Pupils can wear blue, white or dress up as doctors/nurses etc. The reason they have chosen this is because Red Nose Day is about ending poverty through keeping children safe, healthy and educated. The NHS is fundamental to this. Red noses are also encouraged as the finishing touches for their outfits!

Please find Mr Murphy's topical thoughts for the week and the pupils who have been 'Mentioned in Dispatches': [here](#)

**LOWER PREP**

**1M**

Haris A for his descriptive poem on 'Plants' as part of our Science topic - good use of sound, rhyme and format. Mrs Martins

**3S**

All of Year 3 for their efforts with their assessments and Mahe A for being a good friend. Miss Sumners

**4S**

Phoebe W – super skill and determination when learning touch typing. Miss Smith

**UPPER PREP**

**5F**

Leo DeB – A Random Act of Kindness! - one of the class lost their football. A few days later Leo brought in a new ball to replace the lost one. Ms Forbes

5F for completing their French revision books when they had a cover lesson. Madame Swift

**6B**

Phoebe F for always trying her best and quietly getting on with things – it doesn't go un-noticed! Mrs Bastable

**6S**

6S for excellent behaviour on the Junior Citizenship trip. Madame Swift

**7B**

Oscar P– a fabulous week all-round. Mr Barratt

Harrison W for his excellent drama performance as Romeo in our class production. Mrs Bray

Lily-Rose M for scoring a superb and vital goal during the hockey fixture against Harrodian, securing a brilliant victory for KHS! Mrs Jennings

Sophie T for representing KHS admirably during the hockey fixture against Harrodian. She created many opportunities for the team and showed impressive attacking and defending on the pitch! Mrs Jennings

**7W**

George W for a good week, and good work in PSHE. Mr Westcott

Aurelia G for being incredible in defence during the hockey fixture against Harrodian and being voted Player of the Match. Mrs Jennings

**8C**

U13 Girls Hockey Team - unbelievable result against Harrodian 1-0 win (Mr Cowie's old school...). All the girls played extremely well and showed great endeavour and fantastic work rate. Mr Cowie and Mrs Jennings were extremely impressed with their hockey skills considering none of the girls opted to play hockey this term. Well done all of you! Mr Cowie

Congratulations to Alex H for scoring the highest mark in French in Y8. You've worked so hard and I'm glad that's reflected similarly in your final grade. Monsieur Regeling

**8J**

Tom R for always showing outstanding respect and kindness to others during tutor time and in lessons. Mrs Jennings

Daniel G - Mr Regeling is very impressed with your writing (94%/100%). Bravo! Monsieur Regeling

**UPPER PREP continued...**

**8L**

It is great to see Harrison West back in class following a period of time away from school. He has been working hard to catch up on the exams he's missed and is always full on energy. Well done! Mr Laudy

Alyssa C for her excellent work as captain and being voted Player of the Match during the netball fixture against Boxhill. Mrs Jennings

James D and Max P for giving up their break to help me with the Student Council display board. Mrs Bray

Well done to Year 8 for some amazing Maths results in your recent exams all around - keep working hard. Mrs Lindley

**SENIORS**

**9B**

Eliot N for his calm and focused attitude in the mornings and during study period. Mrs Bray

**9L**

Avaneesh G consistently hard working, well organised, respectful, endeavouring to try new things and always shows Integrity. Mrs Lindley

**9R**

Josh I revised so much for his History test last weekend and this has clearly borne fruit. Well done, Josh! Keep it up. Monsieur Regeling

Sam C– consistently high quality note taking in Maths. Mr Barratt

When the Senior Drama pupils attended the theatre last week, Joel M noticed an elderly lady that was struggling to get out of her wheelchair, he took himself over to her and asked if she needed any help. The daughter thanked Joel for his kindness but stated that she could manage. Really kind gesture! Miss Hylands & Mrs Horley

**10B**

Henry S is always polite and holds the door open for teachers. Mrs Black

Tommy W showed endeavour to find his missing chrome book this week - it has now been safely returned! Mrs Black

Faizahn J has worked well in form time this week and made the most of his independent study time. Mrs Black

**10P**

Owen C took part in the U16 British Gymnastics Championships at the Telford Centre over the weekend and achieved an impressive 6th overall in the Vault! This is an amazing achievement! Well done Owen. Mr Cowie

Tharani V for zipping up Ollie Ward's coat to keep him warm on his way to Town Leave! Mrs Haunstetter

Year 10 Maths -- Yaseen AK, Henry S and Faizahn J have really pushed themselves with their simultaneous equations learning. Mrs Lindley

**11H**

Alan R - I received some lovely feedback on how positive and hard-working Alan has been in some of his recent lessons. Great to hear! Mrs Haunstetter

Ted R is to be congratulated for securing an offer to pursue his sixth form studies at Seaford College.

**11W**

Oli K has shown more resilience since the mocks and is working hard in his subjects – good effort, keep it up. Mrs Weston

Ted R is noticeably working hard and impressing his various subject teachers – excellent application. Mrs Weston



SENIORS continued...

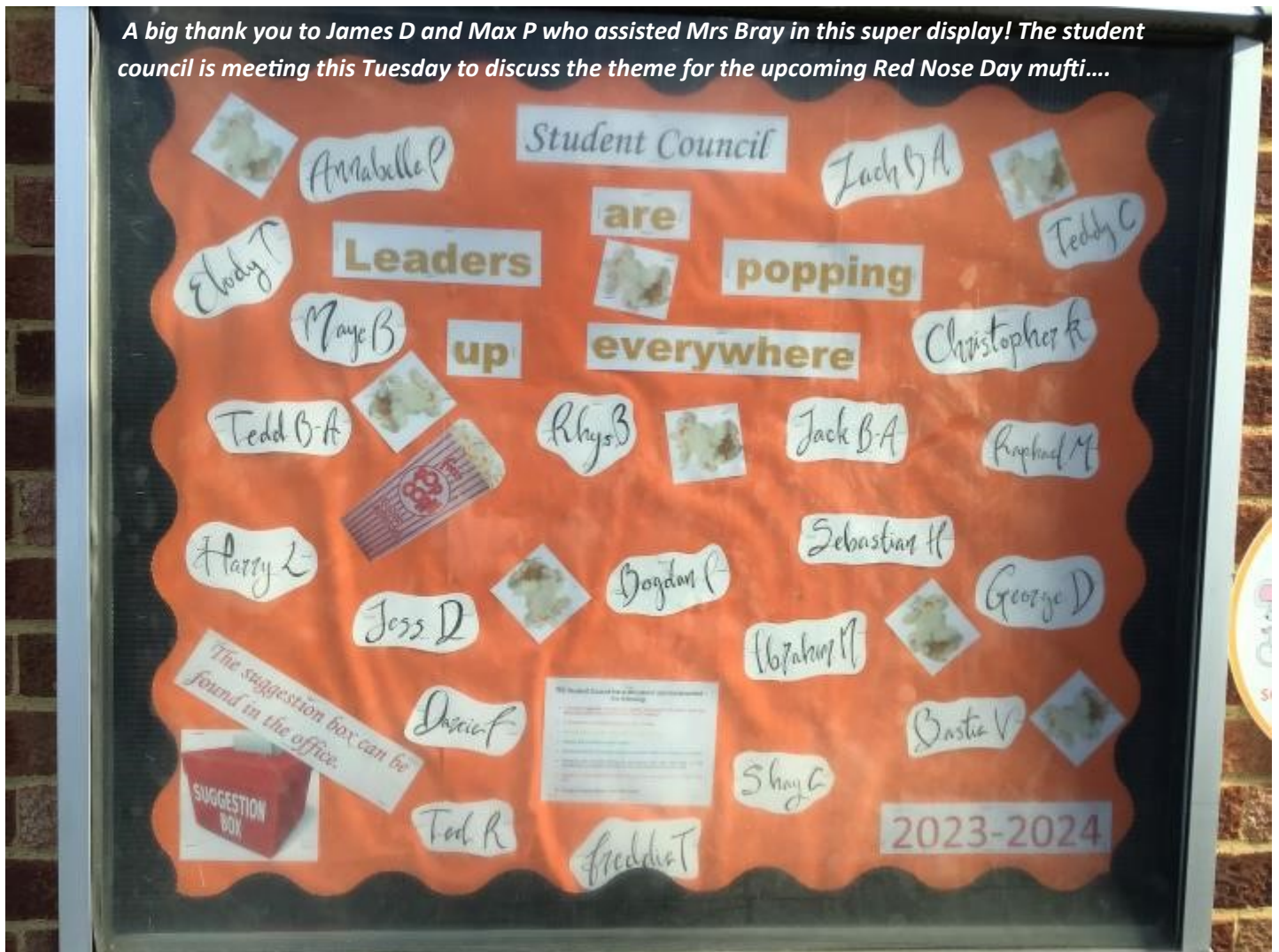
11W

Jack B-A has caught up on all the classwork, prep and exam questions that he missed as a result of the school production. Furthermore, all this work has been completed to a really high standard. Well done! Mrs Haunstetter

Year 11 Maths - Mrs Lindley's class for becoming more consistent with prep and getting it on time. Please stay up to date with your deadlines. Mrs Lindley

Well done to Tommy C (11H) and Nick H (11W) for putting extra time and effort into their art project last week – keep it up! Mrs Bastable

*A big thank you to James D and Max P who assisted Mrs Bray in this super display! The student council is meeting this Tuesday to discuss the theme for the upcoming Red Nose Day mufti....*



House points - this week - Whole School

Drake - 403

Marlborough - 346

Nelson - 363

Wellington - 429

House points - totals - Whole School

Drake - 2282

Marlborough - 2179

Nelson - 2407

Wellington - 2354

# SPORTS RESULTS

## KHs vs Box Hill—Hockey

**U14A Lost 5-6** Our Player of the Match- Zachary H (9R) and A Special Mention to Theo J (9L) and Arlo S (9R); our goal scorers were Theo M (9L) with 3 and Zachary H with 2.

Mr Westcott comments: *"On Tuesday 28th February, I had the pleasure in taking the U14 hockey team to an away fixture against Box Hill. The game was played on a smaller pitch size than the team were used to but they adapted quickly and supported each other well. The ball could be played off the sides, so it was a fast-paced game and highly entertaining with action from end to end. KHS took the first centre and scored the first goal of the game in super quick time! It then went a goal apiece and it was neck and neck right up until the final whistle. Zac captained the side brilliantly and although Theo J was unable to kit up as goalkeeper, he did a tremendous job as sweeper, saving numerous attempts at the goal. The end result finished 6-5 to Box Hill with Theo M scoring three goals and Zac sinking two goals for KHS. A particular mention also goes to Arlo for creating attacking opportunities and helping to set up some of the goals. It really was an exciting fixture and the whole team were incredible – well done team!"*

See photos below of some of the action...



*Well done to our intrepid U14 Hockey team in their hard fought match against Box Hill this week...*





**KHS vs Harrodian— Girls' Hockey**

**U13 1-0 win;** Player of the Match to Aurelia G (7W); goal scorers were Lily-Rose M (7B) and a Special Mention to Sophie T (7B). Mrs Jennings was delighted and reports back, *"A great afternoon for the U13 girls Hockey team - playing 3 matches back to back against a mixture of Harrodian teams. The girls started slowly, having not played much (if any...) hockey this term, but grew into the first game. Some fantastic dribbling from Dollie, and work rate from Sophie allowed us to start being more confident with the ball. We produced numerous chances in the first game but could not convert them into a goal. In the second game, after a team talk from Mrs Jennings, we started to understand the game more. Our defence was impeccable, with multiple goal saving tackles from Aurelia and Isla. We attacked the D of Harrodian, and Lily was in on goal, she managed to dribble past a defender and slot it into the bottom corner. The crowd went wild! We created lots of chances in the 3rd and final game but couldn't finish either of them - again Lily had a reverse stick shot blocked on the line by a Harrodian defender! The girls were absolutely fantastic and Mrs Jennings and Mr Cowie were extremely impressed with their attitude and endeavour. Well done girls!"*

**KHS vs Homefield—Hockey**

**U13A 8-6 win;** Player of the Match Freddie T (8C); goal scorers Indi D (7W) with 4, Chris K (7W) with 3 and Stanley B-D (8J) with 1. A Special Mention to Rufus J (7W). *"In a super match to watch and umpire, KHS pupils got off to a great start and managed to score 3 quick goals. The performance was structured and brilliant in the first half scoring 2 more before half-time, making it 5-1. By half-time, we scored 3 more to make it 8-1. However Homefield managed to bounce back and make advantage of us not having a goalkeeper and managed to score 5 goals in reply. But our players managed to hold them off and get the win. An overall fantastic performance!"*

**U13B 3-0 win;** Player of the Match was Rex T (8C); goal scorers were Ethan B (8C) Kieran S (8C) and Alex M-K (7B) with one each; A Special Mention goes to Ethan. *"In a close game with their goalkeeper being strong, we managed to get off to a quick start to score an opener in the first two minutes. Their goalkeeper was on fire and managed to keep them in it. But our defence was brilliant and we managed to keep them out of the D. In the second half the pupils managed to keep pushing for goals, then eventually we got a break through with a well taken goal, and was able to capitalize on another mistake and got a third. Overall, a fantastic performance"*

**KHS vs More House—Rugby**

**U13Bs (win) & Cs (loss)** Player of the Match Year 7- Tom F (7B); Player of the Match Year 8—Joshua S (8J). Mr Clarke tells us, *"An excellent afternoon of rugby for the Year 7 and 8 boys. More House have not had any fixtures yet so we decided to leave our A team at school and take them on with our Bs and Cs. On arrival More House had split into a Year 7 and a Year 8 team so we adjusted and did the same. This was quite a change for us as we had practiced as a team and were now two separate teams. However, two fabulous games took place which were highly competitive. The Year 7 team won 11 tries to 8, whilst Year 8 lost with the same score. A great afternoon for school rugby: flexibility, boys having a lot of fun, highly competitive with a win and a close loss. Rugby was the winner!"*

**KHS vs Banstead Prep – Rugby**

**U10A 9-3 loss;** Player of the Match Gregory C (5F) try scorers Gregory C; a Special Mention to Henry for being a great captain who organised the team well, showed great leadership, ran with the ball effectively, played some good passes. Zachary B (5F) battled really well and got involved in lots of rucks and mauls—fought for the ball well, was very competitive. The match report says, *"Kingswood House started off well, playing lots of passes, moving the ball across the pitch into wide areas. Banstead had a very good defence, making some excellent tackles. Banstead started to improve as the first half went on and scored a few tries. Kingswood House kept battling, putting in some strong tackles so it was 5-0 at half time. KHS then approached the second half with great energy. We were able to find gaps in the Banstead defence, using Gregory's pace we were able to capitalise and make an impact on the game. Gregory scored 2 tries in the second half, while Henry showed great strength in setting up our third try. Meaning the 2nd half ended 4-3 to Banstead, much closer than the first! Great battling by KHS!"*

**U10B 12-1 loss;** Player of the Match and try scorer Toby H (5F) plus a Special Mention to Leo de B (5F) for good work and never giving up. *"KHS started off slow, and conceded twice before Toby H ran half the pitch to score a fantastic try. The pupils tried hard, however Banstead Prep was just too strong for them and managed to run in 12 tries. The boys however didn't give up and kept trying to get a second try, but the defence from Banstead was too strong. Overall an admirable effort"*

## SPORTS RESULTS



### KHS vs Banstead Prep – Rugby

**U9A** 9-6 loss; Player of the Match goes to Matviyy H (4S); try scorers were Alfie L (4S) with 3, Beatrix S (4S) with 1 and Matviyy with 2. A Special Mention to Zayn J (4S) for overcoming his fear of contact and getting stuck in!

*"KHS started off slowly, conceding two quick tries but after that Beatrix managed to run down the wing beating all the tacklers and scored in the corner. It was fantastic match play by both sides with tries coming from both teams rapidly. It was wonderful to see the respect shown, and the sportsmanship from both teams. An overall fantastic performance!"*

A note from Mr Sukhdeo:

**Alicia Drummond talk for parents** - Years 7 to 11... Please note that this talk has been moved to Monday 6th March in lieu of the 7th March as published previously.

Parents of students in Years 7 to 11 are invited to an online talk delivered by Alicia Drummond, qualified counsellor, child psycho-therapist and [Teen Tips](#) founder.

Based on Alicia's book, *Why Every Teenager Needs A Parrot*, this talk looks at how parents and carers can find the right balance between letting teenagers go and grow, and keeping them safe as they negotiate the choices and decisions that are a part of growing up in the 21st Century.

**You are invited to a Zoom webinar.**

When: **March 6th 2023 19:00**

Topic: *Why Every Teenager Needs a Parrot* with Alicia Drummond, Therapist & Founder of The Wellbeing Hub & Teen Tips

Register in advance for this webinar [here](#):

[https://us02web.zoom.us/webinar/register/WN\\_CXS9yEwDSR656g6bKkLSnA](https://us02web.zoom.us/webinar/register/WN_CXS9yEwDSR656g6bKkLSnA)

After registering, you will receive a confirmation email containing information about joining the webinar. We hope you will be able to attend and find the session useful.

If you are unable to attend, please do sign up anyway as a recording will be made available to you afterwards. Once registered, you will be sent a link after the event to access the webinar recording. This will be available for 2 weeks following the date of the webinar.



### Alicia Drummond, Founder of Teen Tips

Alicia is passionate about providing **evidenced-based advice** to parents, teachers and all those looking after children and young people, so they can be pro-active in supporting the mental health and wellbeing of those in their care. Alicia also works directly with children and young people empowering them to look after their mental health and wellbeing. She draws on the latest research from psychotherapy, psychology and neuroscience, along with her experience of working as an adolescent therapist.

Alicia is a BACP accredited therapist, parenting expert, sought after keynote speaker, member of the All Party Parliamentary Group for a Fit and Healthy Childhood, author and a mother. She is regularly sought for her expert opinion by the media.

Having worked with schools across the UK for more than a decade delivering webinars, talks and workshops to parents, carers, staff, and pupils; in 2020 Alicia created The Wellbeing Hub. This award-winning platform provides schools with a whole school, pro-active approach to supporting the mental health and wellbeing of young people.



***An exciting new extra-curricular opportunity for our pupils keen on getting out and about on their bikes safely and independently...***

## After School Cycling Club

Does your child enjoy riding their bike?  
Do they want to learn new skills?

If you answer yes to either of these questions then why not join the Kingswood House after school cycling sessions during the summer term.

Tuesday's Years 1-4 4pm-5pm  
Thursday's Years 5-8. 4pm-5pm

They will learn the fundamentals of riding a bike, correct braking techniques, changing gear, cornering, climbing and descending as well as other important cycling skills. All coached by a British Cycling qualified coach.

To book a space go to  
[www.bookwhen.com/revolution-cycling](http://www.bookwhen.com/revolution-cycling)  
or for more information email  
[paul@therevolutionstudio.co.uk](mailto:paul@therevolutionstudio.co.uk)





**CHAT GPT**—Parents, please find the link to Mr Murphy's latest written blog post, A View From the Hill, which considers the pros and cons of the new AI initiative [ChatGPT](#) replacing traditional homework, on our website: [here](#)

We are deeply saddened by the major earthquakes that have hit the southern-eastern part of Turkey and northern Syria. Several major towns in the area have been destroyed as an effect of the initial earthquakes with magnitudes of 7.5 and 7.8. A humanitarian crisis is developing where many people have lost their homes and their nearest relatives; currently it is thought that more than 40,000 people have lost their lives with millions also displaced from their homes. Immediate relief in the form of food, shelter, water and medicine to help the areas that were hit by the massive earthquakes is urgently needed. In the spirit of the Kingswood House Way, we are fundraising to provide immediate relief and long-term recovery for survivors of the earthquake. This is a way for the school community to show its global reach and support where it is most needed.

JustGiving Menu Start Fundraising



Kingswood House School Charities

Kingswood House School's fundraiser  
for Turkey Mozaik Foundation

Kingswood House School Turkey Earthquake Emergency Relief Fund

**Kahramanmaras Earthquake Emergency Relief Fund** has been set up by the **Turkey Mozaik Foundation**, which is a UK-registered charity (registration no: 1174968) that gives grants to grassroots and civil society organisations in Turkey. Some Kingswood House parents personally know the founders of this organisation and trust their transparency and accountability implicitly. The foundation's generous donations have so far participated in search and rescue operations, provided food, clean water, clothing, mobile toilets, heaters, tents, hygiene kits, power banks, shopping cards, toys & books, psychological first aid and counselling to the survivors in the affected areas.

Your donations will save and improve lives. Thank you in advance for your kind consideration—please click [here](#) if you can give any amount.





See overleaf for Mr Westcott's report on proceedings...



*Game, Set, Match—for charity! Mr Westcott reports back on a fabulous time on court at the LTA...*

*"On Saturday afternoon, six of our pupils participated in the 24 hour tennis marathon held at the LTA Roehampton, for the charity [Bright Ideas for Tennis](#). They were involved for four hours and it was a fantastic event to be part of and witness. The pupils were partnered up with each other and mixed it up with former professional players including James Auckland (former Davis Cup player), Julie Hobbs (former British number 1), Lucy Isles (former British number 1), Marcus Willis (a current British player, made it to the second round of Wimbledon as a qualifier and played Roger Federer on Centre Court). A further exciting development for our pupils was when current British number 38, Jack Draper, came over to our courts and joined in for a period, followed closely by former British number 4 and multiple grand slam semi-finalist, Tim Henman who played for 20 minutes with our pupils. Whilst we were there, the charity showcased some of their operations with a demonstration of blind tennis—this is something that is of particular interest to me due to a close friend losing their eye sight but is now able to join in and play tennis. The pupils played really well, especially when Indi and Jess partnered up and managed to win three games off the professionals! Cyril and Jess also took 2 points off Jack Draper! Well done to the B-D brothers Cyril (6S) and Stanley (8J), Indi D (7W), Shay C (9R), Mickey S (9L) and Jess D (11H)".*

Many thanks to our wonderful KHA team for hosting a competitive and entertaining **Quiz Night** last Friday – a tasty supper and snacks, some liquid refreshment and great company all round made the event a resounding success! Congratulations to the winning team 'BPM' - Year 10 parents!







Twitching in Year 3!

Miss Sumners comments on her class outing: "We went to RSPB Pulborough Brooks to explore habitats and the creatures that live there. We spent our whole morning working scientifically and asking lots of questions. It was great fun!"



Raising Awareness, February 27th.—March 5th. for **Eating Disorders Week**—more information [here](#).

At least 1 in 4 people affected by eating disorders are male. Yet many struggle to ask for help, and are often met with disbelief when they do. Time to bust the toxic stereotypes that prevent boys and men of all ages from speaking up.

The charity, [BEAT](#) is doing some great work to create supportive spaces and communities that anyone can turn to.





#### *Budding "Jack in the Beanstalkers"?!*

Year 1 children are learning about plants and in Monday's Science lesson with Miss Smith the pupils got the chance to plant their own seed and will be able to observe and watch it grow at close range over the next few weeks! Their first task was to carefully fill their pot with soil, water it sufficiently and then plant their bean seed and decide upon the best place to put them, to maximise growth potential. The children were so engaged and excited by this practical task of science in action. They then learnt about the different parts of a plant and the jobs they do in growing and developing. Well done, Year 1! *Miss Smith*



#### *Sounding Out in Year 4*

Year 4 pupils are learning all about Sound in our science topic. Their recent investigation was a visual way to show how volume and strength of vibrations are linked. The pupils used rice on a drum so they could hear, and see, the effect when hitting the drum lightly or hard. *Mrs Martins*





## Year 6 — Learning Outside the Classroom

On Thursday 23<sup>rd</sup> February, Year 6 spent the morning at the Queen's Stand, Epsom Downs Race Course, attending Junior Citizenship Workshop.

This was a great opportunity for the children to gain knowledge from various public services, and to acquire essential life skills.



They were taught how to administer CPR and were able to practise on dummies, they were made aware of the dangers and consequences of being near electricity cables, and they had a talk about the dangers of taking drugs and alcohol.

Following on from our PSHE lesson last week, they discussed healthy eating and the number of sugars contained in food and drink.

The Transport Police talked to them about how to be safe on station platforms and at level crossings, and the Coast Guard, taught them lifesaving skills regarding how to stay afloat should you get into trouble while swimming.

The children were all very well behaved and hopefully came away with some valuable life-lessons learnt.

*Madame Swift & Mrs Bastable*





### DT Reinventing the Wheel in DT? Not quite...!

Year 6 have just finished their Chassis project where they follow technical drawings to build a chassis and then design their own body to fit on top. The models were tested on a small 'hill climb' section of the playground and Gabriella CA (6S) was the clear winner.



Following some less successful 'runs' we talked about the effect of friction, axles and shafts on their models - all learning points in this topic represent an early introduction to the GCSE curriculum. *Mr Bailey*

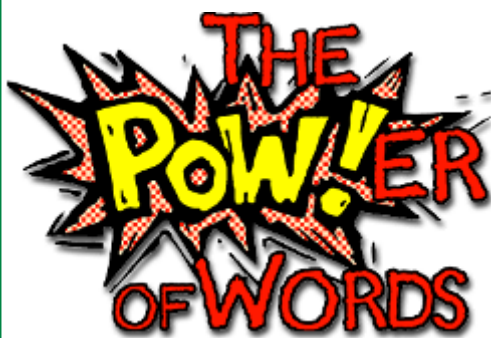
## TESTING and IMPROVING

-Roll your vehicle down a short ramp.

Does it roll freely? How far does it go?

### Problem Solving

- Are your wheels dragging on the chassis?
- Is the chassis dragging on the floor?
- If fixed axle, loose wheel - are the wheels loose enough? Are they too loose?
- If loose axle, fixed wheel, is the axle able to move freely within the chassis holes?



This week we are looking at the star sign **Taurus**.

It was the first sign of the Zodiac established among the Mesopotamians, who called it "*The Great Bull of Heaven*", as it was the constellation through which the Sun rose on the vernal equinox at that time: the Early Bronze Age, from about

4000BC to 1700 BC. Typical traits of someone born under the sign of Taurus include being hard-headed, down-to-earth, tenacious and loyal. All of these characteristics mirror themes covered by the Second House of Self-Worth and Income, which Taurus rules. *Madame Swift*



### Curtain Up...!

GCSE Drama pupils in Years 9-11 had a wonderful trip to Richmond Theatre last week. All of us were enthralled by the set, lighting and of course incredible performances from the actors. This trip was particularly helpful as they are studying 'Blood Brothers' for their GCSE exam and we will be unpicking some of the performance in our lessons. An enjoyable and enriching trip for all! *Mrs Horley*





Miss Smith reports: "Year 4 boys and girls are learning to sew as part of their new DT topic. They practiced their technique this week ready for making their sewn product next week. The children did so well, especially those who had not done it before. I was very impressed with their perseverance and effort at this new skill!"



#### *Friendly Sibling Rivalry on the Rugby Pitch!*

This is Tom F (7B) and his twin brother George from More House...guess who the U12/13 KHS fixture was against this week? Yes, you guessed it—More House!

The sibling build up has been great this week with Tom growing increasingly nervous and excited in equal measure. He told his Form Tutor he was so determined to perform at his very best he even upped his Weetabix intake from two to four on the morning of the big match – packing in those carbs!

It was a solid victory for KHS but pleasingly both players were smiling at the end!

*Mr Barratt*





Some excellent childhood book choices from the Study Centre staff and therapists in honour of World Book Day!

Have you read any of these? What would your best book choice be? Let Mrs Angus and Mrs Ibbistson know if you see them around school...can you guess which book they each chose?





THE PROFESSIONAL  
ASSOCIATION  
OF TEACHERS  
OF STUDENTS  
WITH SPECIFIC  
LEARNING  
DIFFICULTIES

### Parent Workshop: Mindfulness/Building Resilience/Reducing Anxiety



Denise Drinkwater presents . . .

If your child is feeling anxious or has self-esteem issues it can be overwhelming. Often stigmatised, it can be difficult to get the right help and the support necessary. The pandemic has heightened this in a lot of children (and adults), especially during on-line learning. Children can be reluctant to go to school, have tummy ache before school, are starting to become school phobic or starting to show signs of anxiety. This presentation is offered by Denise Drinkwater who is qualified to teach mindfulness to children and has many years' experience dealing with 'mental health issues' both personally and professionally.

**Wednesday, 8 March 2023, 1.00-2.00pm: £25**

Delegates who are unable to attend live will receive the recording on the same evening for two weeks to watch as many times as they like.

For more information and/or to book a place click [here](#)





Year 1 have been learning about plants in their Science topic. This week they learnt about soil layers creating an edible vegetable patch. Raisins for the bedrock, Oreo's, Bourbons, and Coco Pops were used for the top and sub soil and mint leaves and fruit for the organic material. Wobbly worms to top it off! *Mrs Martins*



Later in the week the pupils were learning creatively once again— this time exploring Henri Matisse's fabulous work using cut apple shapes and paper stencils to respond to his colourful bold images.







Miss Hylands and a very enthusiastic bunch of pupils in [Eco Club](#) joined forces to create a magnificent 'Bug Hotel' in our grounds the other day; pupils from Years 1-7 were helped by Year 8 Prefects.

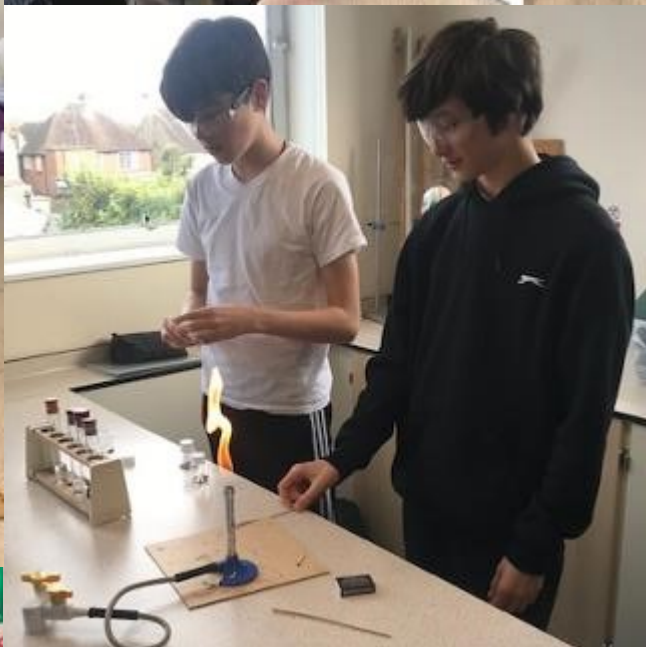
Following a plea to staff for various materials with which to construct the eco-friendly edifice, the pupils set to work foraging for leaves, bark, twigs and sticks to ensure there were a number of different sized nooks and crannies to attract, we hope, a wide range of wildlife that will further enhance the habitat around them. Wooden pallets were placed down on the floor first and then the frame built up and finally the gaps were filled with the foraged material.

Such a stack is able to support all sorts of creatures from ladybirds and woodlice to worms, bees, spiders and even toads. It was lovely to see everyone working collaboratively and helping each other towards a final, common goal. *Miss Hylands*





Mr Barratt's Year 8 Science class explored acid and metal reactions – producing and testing for hydrogen.—some great scientific skills on show! Well done.







## World Book Day 2023!

Thursday saw all manner of literary characters at KHS as the staff and pupils embraced the day with enthusiasm, originality and creativity! We are proud to celebrate this important literary festival each year—picking up a good book is an easy way to enhance mental health and augment learning of new words and creativity.

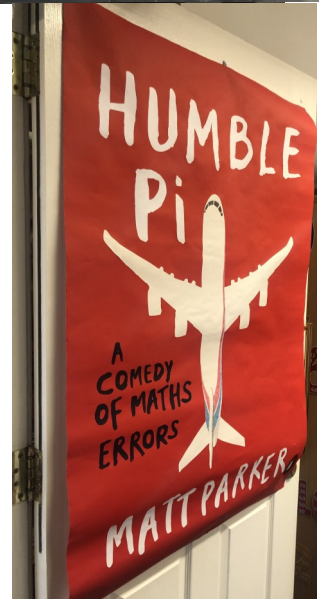


# WORLD BOOK DAY

2 MARCH 2023







...and some staff were virtually unrecognisable—*did anyone guess the identity of Gandalf?*

*Well done to all for your efforts!*

The Study Centre doors were beautifully transformed into giant book covers as well—fabulous!



KHA PRESENTS

# *Mothers' Day Shops*

**FRIDAY MARCH 17<sup>TH</sup>  
MORNING BREAK**

HAND CREAM | CANDLES | PLANTERS  
AND MORE



GIFTS £2.00 - £5.00 EACH  
**PLEASE BRING CASH**