###### **KARATE Years 7-11 SPRING TERM 2020**

Karate Club for senior boys will run on Tuesdays from 4.00pm – 5.15pm in Langlands Hall. As well as promoting physical activity, karate helps to develop self-discipline, respect and boosts self-esteem. The class will be run by Les Goodwin, a fully trained and experienced coach who also leads our Judo clubs.

Dates: 14th January 2020 for 10 weeks (excluding half term) until the 24th March 2020.

Fees: The cost will be £60.00. Fees should be **paid in full** direct to Les Goodwin, before the start of the club, by **bank transfer:**

**Mr L Goodwin**

**Sort code 23 05 80**

**Account 13972125 Metro Bank, with your child’s surname.**

If your son would like to join, please complete the form below and email to Karen Harding in the School Office. If your son does not wish to continue to do karate, half a term’s notice in writing must be given or fees will be payable.

Any boys who would like to do karate as part of their Duke of Edinburgh Award Scheme are welcome to attend; please speak to Les for further advice.

If you have any queries regarding karate, or your son would like to try a taster session, please contact Les Goodwin directly on

[patio.leslie@gmail.com](mailto:patio.leslie@gmail.com)

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**Please return to the School Office advising that payment has been made.**

**KARATE – SPRING 2020**

I would like my son…………………………………. to attend Karate on a Tuesday afternoon from 4pm – 5.15pm.

I have made a bank transfer to L Goodwin for the fees.

Signed ……………………………………………………………………………..